

Health & Social Care Competition Brief & Marking Scheme



OVERVIEW: The Health and Social Care Skills Competition will provide students with an opportunity to showcase their skills and competencies in various aspects of healthcare and social services. The participants will be assessed on their skills and proficiency in completing various tasks related to providing care to a patient. They will be presented with scenarios and tasks focusing on personal hygiene, use of PPE, preparing the bed and room for the patient, effective communication, taking physiological measurements, and report writing.

SCENARIO: A 60-year-old patient has been admitted to the hospital with a fracture of their left ribs. The injuries were caused by a fall from the staircase 2 days ago. The patient has now been cleared to eat and drink post -surgery. The patient is currently lying in a hospital bed and appears alert.

You have been asked to prepare the room and carry out the patient's observation on return to ward from surgery.

LOCATION: Health & Social Care Health Suite

DURATION: The total amount of time available for the activity is 35 minutes, including the 5 minutes reading time. You should use the reading time to familiarise with the activities and prepare yourself for the tasks.

JUDGING: TBC

EQUIPMENT: You will be provided with the following equipment

- Simulated hospital ward and patient
- PPE & Handwashing equipment.
- Clinical waste kit and cleaning equipment
- BP machine, pulse oximeter, thermometer,
- Stopwatch
- Daily care log form

PROCEDURE:***Task 1 – Personal Hygiene***

Upon entering the patient's room,

- Demonstrate appropriate hand hygiene by washing your hand.
- Wear appropriate PPE correctly to prevent the spread of infection.

Task 2 – Room Preparation

- Prepare the patient's bed and the room to ensure it is clean, tidy, and conducive to the patient's comfort and safety.

Task 3 – Communication

- Interact with the patient in a professional manner to prepare the patient for physiological measurements.
- This include introducing yourself, explaining procedures, addressing the patient's concerns, and their needs.

Task 4 – Physiological Measurement

- Take and record the following physiological measurements to demonstrate your skills and proficiency in using different equipment correctly.
 - a) Heart rate
 - b) Blood pressure
 - c) Oxygen saturation
 - d) Respiratory rate
 - e) Body temperature
- Use the form provided to record your observation.

Task 5 – Report writing

- You are now required to document the tasks and observation in a report, which will be presented to the registered nurse.
- The report should be formal, concise and contained within a A4 page.

Ward:
Duty Nurse:
Date:
Care Log

Patient History	
Actions taken	
Physiological measurements	
Blood pressure	
Heart rate	
Respiratory rate	
Oxygen saturation	
Body temperature	
Other	

Report

	g) Blood pressure h) Oxygen saturation i) Respiratory rate j) Body temperature	and their ability to identify and respond to potential complications.			
Task 5: Report writing	Write a report to document the tasks and observations carried out to present them to the registered nurse. The report should be formal, concise and contained within page A4.	Assess participants on their report writing skills, including grammar, spelling, organization, and the ability to convey information effectively.	0 = Poor 1= Fair 2= Good 3= Excellent		
Total Score/15					

Alternative Marking Scheme

Task	Criteria	0 (Poor)	1 (Fair)	2 (Good)	3 (Excellent)
Task 1: Personal Hygiene	<i>Demonstrate appropriate hand hygiene by washing your hands and wear appropriate PPE correctly to prevent the spread of infection.</i>	Does not wash hands. Fails to wear PPE or parts of PPE. PPE is not worn correctly. Does not demonstrate knowledge of infection prevention and control.	Evidences hand washing but does not adhere to Ayliffe standards. Wears PPE but not correctly. Demonstrates a basic understanding of infection prevention and control.	Uses competent hand washing techniques in a timely manner. All PPE is applied correctly. Explains and demonstrates aims for preventing infection prevention and control.	Demonstrates “5 moments of Hand Hygiene” (WHO, 2025). PPE is applied and disposed of effectively, demonstrating compliance to health and safety.
Task 2: Room Preparation	<i>Prepare the patient's bed and the room to ensure it is clean, tidy, and conducive to the patient's comfort and safety.</i>	Basic and inconsistent awareness of health and safety measures for compliance to legislation. Failed to identify potential hazards. Did not adhere to hygienic measures to reduce the transmission and contraction of disease.	Satisfactory awareness of health and safety measures for compliance to legislation. Identified potential hazards and provided hygienic measures to reduce the transmission and contraction of disease.	Demonstrated a thorough awareness of health and safety measures for compliance to legislation. Confidently identified potential hazards. Comptently established measures to reduce the transmission and contraction of disease.	Demonstrated excellent awareness of health and safety measures for compliance and legislation. Thorough identification and recording of potential hazards. Exceeded established measures to reduce the transmission and

Task	Criteria	0 (Poor)	1 (Fair)	2 (Good)	3 (Excellent)
					contraction of disease.
Task 3: Communication	<i>Interact with the patient in a professional manner to prepare the patient for physiological measurements, including introducing yourself, explaining procedures, addressing the patient's concerns, and their needs.</i>	Fails to communicate effectively with the patient and does not communicate in a professional manner. Does not adhere to the notion of person centered care and fails to ask the patient individualised questions, related to their needs and concerns.	Demonstrates basic communication skills with the patient in a semi-professional manner. Establishes basic rapport with the patient. Partially explains procedures and addresses some individualised concerns.	Demonstrates good communication skills in a professional manner. Establishes good quality rapport with the patient. Competently establishes the individualised needs of the patient and listens and responds to concerns. Person centered care is underpinned throughout.	Demonstrates excellent communication skills, adhering to professional standards throughout. The 6 C's of nursing are applied in a person-centred manner. Excellent rapport is established with the patient. Individualised concerns and needs are discussed and documented, with a holistic approach.
Task 4: Physiological Measurement	<i>Take and record the following physiological measurements: heart rate, blood pressure, oxygen saturation, respiratory rate, and body temperature using correct equipment and technique.</i>	Does not gain consent from patient beforehand. Incorrect use of equipment and technique. Measurements recorded inaccurately. Demonstrates little to no understanding of baseline observations. Does not explain to patient the purpose of taking physical observations.	Asks patient for consent. Uses correct equipment but with an inconsistent approach. Records some accurate measurements. Demonstrates a basic understanding of normal baseline observations. Does not explain next steps to the patient.	Asks patient for consent and explains purpose of obtaining physical observations. Uses correct equipment with a consistent approach. Records accurate measurements in a timely manner. Demonstrates a good understanding of normal and abnormal baseline observations. Identifies potential complications and explains next steps to the patient.	Asks patient for consent and applies a person centered care approach. Explains the purpose of obtaining physical observations. Correct equipment and technique is applied for all measurements. Accurate measurements are recorded thoroughly. Demonstrates comprehensive understanding of normal and abnormal baseline observations. Identifies and responds to

Task	Criteria	0 (Poor)	1 (Fair)	2 (Good)	3 (Excellent)
Task 5: Report Writing					potential complications effectively.
	Document the tasks and observations in a report, which should be formal, concise, and contained within an A4 page.	Report is unclear, disorganised, and contains numerous grammatical and spelling errors. Report fails to convey necessary information. Does not consider review of care or potential barriers.	Report is partially clear and organised. Contains some grammatical and spelling errors. Conveys partial information effectively. Does not consider review of care or identify potential barriers.	Report is clear and organised. Contains good grammar and spelling with minor errors. Conveys most necessary information effectively. Applies good medical terminology throughout the report. Demonstrates inconsistent analytical and critical thinking skills.	Report is clear, organised and concise. Report contains excellent grammar and spelling and conveys all necessary information. Applies excellent medical terminology throughout. Demonstrates consistent analytical and critical thinking skills.
	Maths	Accurate recording and calculation of physiological measurements.	Incorrectly records and calculates measurements. Demonstrates little to no understanding of numerical values.	Partially correct recording and calculation of measurements. Demonstrates basic understanding of numerical values.	Correct recording and calculation of measurements is applied. Demonstrates good understanding of numerical values.
English	Use of appropriate language, grammar, and spelling in communication and report writing.	Demonstrates poor use of language, with numerous grammatical and spelling errors. Fails to convey information effectively via written and verbal communication.	Demonstrates a basic use of language, with some grammatical and spelling errors. Conveys information partially well via written and verbal communication.	Demonstrates a good use of language, with minor grammatical and spelling errors. Conveys most information effectively. Good language skills are demonstrated via verbal and written communication.	Demonstrates an excellent use of language with competent grammar and spelling. Conveys information effectively throughout. Excellent language skills are demonstrated via verbal and written communication.